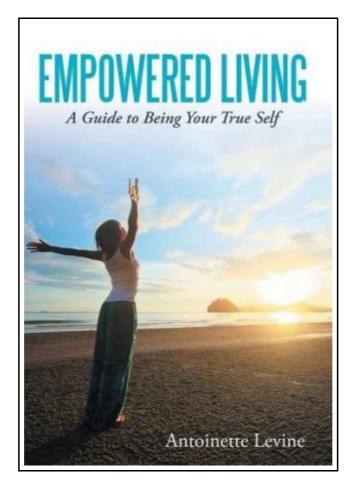
# Empowered Living: A Guide to Being Your True Self (Hardback)



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#### Reviews

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## EMPOWERED LIVING: A GUIDE TO BEING YOUR TRUE SELF (HARDBACK)



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Balboa Press, United States, 2012. Hardback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Antoinette has written a very readable book of extraordinary insight and creative expression about the seven human levels of spiritual awakening and growth. Following this book s journey from healthy ego development to soul dominance will lead you Home. Jacquelyn Small author of Awakening in Time, Becoming A Practical Mystic, and The Sacred Purpose of Being Human Let this Life-Guide Handbook Rekindle Your Heart s Wisdom - Reframe Old Ways of Thinking into Powerful Perspectives - Reduce Stress and Simplify Your Life - Embrace Living as a Creative Process - Realize the Inner-Outer Reality Connection - Manifest the Life You Want Antoinette Levine writes an intimate and stunning tale of return from near-death and her recovery from the ravages of strokes and lupus. Interwoven with her personal story is a lifetime of knowledge gained through immersion in the study of spiritual metaphysics and self development. The author experienced success as a dean's list student of psychology and journalism, later an accomplished film industry professional. Inspirational messages offered in seven guided stages reflect Antoinette s cumulative experience. Artful teachings of our life processes draw upon the chakra system as a template for transformation and self-growth. This book invites you to discover inner peace, wisdom and the freedom that living in alignment with Source brings. Explore the depths of your soul with self-inquiry exercises and distill what works for you. Rise up and rediscover your life purpose and the gifts you came to share. We all possess an innate strength to face challenges and thrive beyond adversity. Reclaim your Inner Power joyfully, utilizing this book as your guide. As you experience inner clearing work and remember Who You Really Are, uncaused joy...



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