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THE HOLISTIC HOME: FENG SHUI FOR MIND, BODY, SPIRIT, SPACE



Skyhorse Publishing. Hardback. Book Condition: new. BRAND NEW, The Holistic Home: Feng Shui for Mind, Body, Spirit, Space, Laura Benko, The Holistic Home is based on an original lifestyle concept focused on creating a dynamic, healthy, and thoughtful space within yourself and your home by combining three planes of action--mind, body, and spirit--that result in profound change. The Mind portion covers the psychology of how you dwell; subconscious influences, decorating with intention, and how your emotional issues and challenges manifest...

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- Authored by Laura Benko
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