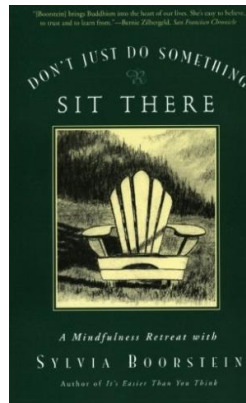


Don't Just Do Something, Sit There: A Mindfulness Retreat with Sylvia Boorstein



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Book Review

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